



SPRINT CATEGORIAS

VILA VELHA - ES
24/11/24

Col	Atleta	Nro Equipe	Final	Natação	T1	Ciclismo	T2	Corrida
REVEZAMENTO								
1	BRUNO/KENNER/TIAGO	243 MARCONCIN	01:16:08.27	00:24:36.19	00:00:35.90	00:31:31.18	00:00:27.35	00:18:57.65
2	MARCIO/MARINA/RICARDO	246	01:20:08.38	00:23:01.37	00:00:25.09	00:31:01.36	00:00:33.20	00:25:07.36
3	GUSTAVO/KARINY/MARIANA	247 AVULSO	01:26:20.06	00:21:17.49	00:00:43.05	00:39:20.82	00:00:39.14	00:24:19.56
4	CARLOS/JEAN/SERGIO	244 ZAGURUMA ACQUACLIM	01:27:52.68	00:30:41.97	00:00:33.53	00:33:45.90	00:00:30.37	00:22:20.91
5	ANDRE LUIZ/BERNARDO/ISRAEL	242	01:32:15.33	00:32:54.52	00:00:28.30	00:36:37.87	00:00:25.58	00:21:49.06
6	BRENO/RENÉ/BIANCA	240	01:39:18.08	00:26:23.82	00:00:47.43	00:45:01.29	00:00:31.51	00:26:34.03
7	JOÃO CARLOS/PEDRO/SERGIO	245	01:48:24.88	00:35:38.94	00:00:25.03	00:43:05.89	00:00:37.17	00:28:37.85
8	ANA SOFIA/GABRIELA/MARCELI	241	01:57:41.71	00:47:26.97	00:00:34.74	00:40:03.55	00:00:45.35	00:28:51.10
M 16-17								
1	RODRIGO SAMORINI	187 TOUCA PRETA	01:33:55.60	00:29:24.80	00:01:19.77	00:35:20.61	00:01:13.93	00:26:36.49 F
F 16-17								
1	SOPHIA AGUIAR NICCHIO	33 TOUCA PRETA	01:36:39.21	00:25:58.06	00:01:00.35	00:39:40.24	00:00:44.36	00:29:16.20 F
M 20-24								
1	HENRI BARONI GRATTZ	178 GG TRI	01:21:28.86	00:26:13.20	00:01:10.76	00:31:15.23	00:00:51.90	00:21:57.77
2	LUCAS DANTAS DOS SANTOS BARCELOS	182 LS ASSESSORIA ESPORTIVA	01:22:24.73	00:19:58.86	00:00:44.27	00:33:04.27	00:00:43.25	00:27:54.08
3	ANDERSON FELIPE BARBOSA BARRETO	174	01:28:51.31	00:29:17.11	00:00:45.51	00:35:17.35	00:00:35.50	00:22:55.84
4	JHONATAN DA PAIXAO NASCIMENTO	172 STRONGTRI	01:32:56.44	00:32:22.27	00:01:49.03	00:33:13.19	00:01:51.46	00:23:40.49
5	DIOGO DE OLIVEIRA GOMES GARCIA	177 GARCIA TRI	01:33:37.18	00:32:09.96	00:01:06.27	00:37:11.30	00:01:47.17	00:21:22.48
6	BENEDITO CARLOS ALVES FILHO	173 STRONGTRI	01:33:39.69	00:29:05.91	00:01:28.37	00:37:26.92	00:01:06.21	00:24:32.28
7	GABRIEL AUGUSTO DRUMOND SOARES	184	01:40:40.51	00:30:28.07	00:01:59.72	00:42:23.28	00:01:03.69	00:24:45.75
8	MATHEUS JARDIM TAGARRO	180	01:40:40.54	00:35:29.06	00:01:40.59	00:38:43.75	00:00:46.32	00:24:00.82
9	NIVALDO LITTIG NETO	179	01:44:02.08	00:41:14.51	00:02:06.21	00:37:51.32	00:00:37.11	00:22:12.93
10	DANIEL FERNANDES	175 AVULSO	01:57:26.11	00:52:17.38	00:00:57.77	00:38:10.62	00:00:45.43	00:25:14.91
DQ	CARLOS EDUARDO COSMO PARENTE	181 MAXIMIZE						
DNF	HEITOR BUBACK ARAUJO	176 TOUCA PRETA						



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VILA VELHA - ES
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Col	Atleta	Nro Equipe	Final	Natação	T1	Ciclismo	T2	Corrida	
F 20-24									
1	CLARA GONCALVES RUSCHI	32 TOUCA PRETA	01:39:12.31	00:29:22.37	00:01:13.34	00:37:50.33	00:01:10.46	00:29:35.81	F
M 25-29									
1	JACKSON SILVA MARTINS	153 JACKSON MARTINS	01:15:31.30	00:22:00.22	00:01:06.92	00:32:22.41	00:00:31.40	00:19:30.35	F
2	ARTHUR CARLETO	148 SPEED TELECOM	01:19:52.68	00:26:28.45	00:01:01.06	00:31:01.24	00:00:41.97	00:20:39.96	
3	LUCAS DOS SANTOS ARAUJO	169 LS ASSESSORIA ESPORTIVA	01:21:49.06	00:29:20.07	00:00:32.96	00:32:27.18	00:00:30.47	00:18:58.38	F
4	VINICIUS RAMOS CARDOSO	166 LT	01:22:02.67	00:25:24.92	00:01:09.14	00:32:38.04	00:01:01.41	00:21:49.16	
5	VINICIUS VENTURA DA SILVA SANTANA	168	01:22:11.09	00:24:14.32	00:01:31.84	00:32:15.80	00:00:39.98	00:23:29.15	
6	IDELSON CARLOS PENA JUNIOR	160 VINICIUS MARTINS PERFORMACE	01:25:00.28	00:23:22.21	00:03:18.39	00:34:17.57	00:00:54.89	00:23:07.22	
7	BRENO ARAUJO JUNQUEIRA	164 AVULSO	01:26:01.71	00:25:51.94	00:01:24.40	00:35:39.99	00:00:38.07	00:22:27.31	
8	GUSTAVO BRUM COSTA	171 TUTY	01:26:42.34	00:31:17.34	00:01:24.91	00:00:00.00	00:00:00.00	00:00:00.00	
9	CAIO OLIVEIRA BARRETO	155 LT ENDURANCE	01:29:01.93	00:29:55.97	00:01:09.94	00:36:19.99	00:00:56.95	00:20:39.08	
10	VITOR REZENDE DE SOUZA	161 L3 TRIATHLON TEAM	01:30:57.51	00:31:15.24	00:01:12.69	00:33:59.39	00:00:38.23	00:23:51.96	
11	SERGIO PENA DE FARIA FILHO	167 CASA TREINOS	01:31:12.19	00:27:39.60	00:01:09.50	00:35:41.34	00:01:03.93	00:25:37.82	
12	LEONARDO DE ASSIS PIMENTA RODRIGUES	151 L3 ASSESSORIA ESPORTIVA	01:33:38.03	00:23:26.28	00:00:51.44	00:42:58.42	00:01:28.47	00:24:53.42	
13	LUCAS SIMOES CELESTE	147 GGTRI	01:34:14.47	00:29:27.58	00:01:11.31	00:36:39.99	00:01:27.86	00:25:27.73	F
14	MATHEUS NUNES DE OLIVEIRA	159 L3 TRIATHLON TEAM	01:38:00.93	00:34:40.92	00:01:09.27	00:35:41.20	00:00:59.92	00:25:29.62	
15	LUCAS MARTINS EUGENIO	154	01:38:28.81	00:37:18.52	00:01:24.06	00:35:51.46	00:01:00.49	00:22:54.28	
16	LUIZ CLAUDIO DE SOUZA OLIVEIRA FILHO	150 GURUCA DA CURVA	01:39:00.86	00:32:27.69	00:02:22.49	00:40:34.47	00:00:41.15	00:22:55.06	
17	LUIZ FERNANDO DE ABREU LANSCHI	165 STRONG TRI	01:39:38.31	00:25:32.47	00:01:10.50	00:43:16.66	00:01:21.47	00:28:17.21	
18	FABIO PITONDO LAU	162 LT ENDURANCE	01:41:33.99	00:30:30.77	00:01:56.09	00:38:58.11	00:01:21.46	00:28:47.56	
19	WILLIAM MELO DE LAET MARQUES	157 AVULSO	01:41:38.53	00:31:55.04	00:02:56.14	00:40:23.04	00:00:38.41	00:25:45.90	
20	IVAN BATISTA LISBOA	149	01:45:57.20	00:30:38.10	00:03:56.52	00:41:59.70	00:00:52.33	00:28:30.55	
21	LEO KARTINEN DA SILVA ALVES CARRICO	152 MARCELO DONNA	01:52:01.11	00:47:11.28	00:01:53.74	00:36:38.36	00:01:57.80	00:24:19.93	
22	VITOR DOS SANTOS SOUZA	163 SEM EQUIPE	01:57:15.15	00:36:46.12	00:02:18.38	00:44:09.54	00:01:12.08	00:32:49.03	
23	JONAS MANUEL RAMOS	156	01:59:02.91	00:51:16.34	00:03:07.13	00:40:34.28	00:01:02.53	00:23:02.63	
24	MATHEUS ZANOTTI GUERRA ZAMPROGNO	158 AVULSO	02:08:26.04	00:48:30.39	00:04:51.06	00:43:01.67	00:02:56.63	00:29:06.29	
25	HELTON ARAUJO VIEIRA JUNIOR	170 AVULSO	02:20:27.15	00:52:03.56	00:04:43.61	00:49:02.63	00:01:21.04	00:33:16.31	

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VILA VELHA - ES
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Col	Atleta	Nro Equipe	Final	Natação	T1	Ciclismo	T2	Corrida	
F 25-29									
1	CESSANDRA LEONCIO RODRIGUES	29 AVULSO	01:37:30.34	00:30:10.80	00:01:04.11	00:38:55.91	00:00:53.55	00:26:25.97	F
2	KEICYANE REIS SILVA	30 PULSE ASSESSORIA	01:41:51.06	00:32:35.06	00:00:54.49	00:42:44.06	00:01:07.04	00:24:30.41	F
3	MARIA CLARA ASSAD TEIXEIRA VARGAS	28 SIM	01:47:03.29	00:38:27.20	00:02:22.66	00:39:00.99	00:01:31.78	00:25:40.66	
4	LUIZA SALAZAR MECHELLI	26 STRONGTRI	01:57:00.11	00:33:17.27	00:01:51.14	00:47:16.95	00:01:13.95	00:33:20.80	
5	LIVIA CASSANI DA SILVA ROCHA	27 STRONG TRI	01:59:24.56	00:39:35.98	00:02:07.77	00:43:17.53	00:01:27.33	00:32:55.95	
6	CAROLINA DE SOUZA CARVALHO	25 L3 ASSESSORIA ESPORTIVA	02:08:24.73	00:50:04.76	00:02:11.09	00:43:56.20	00:01:22.86	00:30:49.82	
M 30-34									
1	LYNNEKHER GENNESIS F. SILVA	54	01:14:03.10	00:23:33.13	00:00:48.69	00:31:03.02	00:00:37.39	00:18:00.87	
2	ANDRE AUGUSTO ORLETTI	135 L3	01:14:04.85	00:23:17.58	00:00:45.45	00:31:27.15	00:00:38.90	00:17:55.77	F
3	FREDERICO FERREIRA	134 EVOCLUB	01:23:16.47	00:24:55.49	00:01:25.39	00:32:55.79	00:01:19.11	00:22:40.69	F
4	RHUAN CHRISTIAN PATROCINIO	132	01:26:39.87	00:27:57.39	00:00:53.07	00:33:43.25	00:00:49.40	00:23:16.76	
5	THIAGO DANTAS FREIRE	145 SPADOTTO	01:28:13.44	00:30:19.16	00:01:13.66	00:34:47.54	00:00:42.59	00:21:10.49	F
6	VITOR VISA NOGUEIRA	143 GG TRI ASSESSORIA	01:28:46.57	00:28:33.35	00:01:36.64	00:33:19.31	00:01:32.91	00:23:44.36	
7	LUCAS GABRIEL PACHECO	146	01:34:53.11	00:33:14.79	00:00:58.80	00:36:14.12	00:00:58.81	00:23:26.59	
8	MARIO HENRIQUE LOPES DOS SANTOS	136 AVULSO	01:37:05.22	00:38:57.87	00:00:48.95	00:34:50.55	00:00:43.21	00:21:44.64	
9	MATEUS LOPES MACHADO	140 AVULSO	01:38:03.99	00:31:08.04	00:02:17.90	00:37:29.81	00:01:20.12	00:25:48.12	F
10	MATHEUS FLORINDO DE DEUS	138 AVULSO	01:39:01.58	00:34:40.27	00:01:18.27	00:35:35.87	00:01:16.93	00:26:10.24	
11	YURI MARQUES LOPES	139 AVULSO	01:42:30.08	00:38:31.07	00:01:52.51	00:39:10.15	00:01:06.55	00:21:49.80	
12	RENAN SANTOS CARMINATI	130 AVULSO	01:44:27.75	00:32:28.71	00:01:32.92	00:41:25.22	00:01:31.79	00:27:29.11	
13	VITOR BATISTA	133 STRONGTRI	01:48:10.75	00:33:48.30	00:02:20.55	00:45:40.72	00:00:44.32	00:25:36.86	
14	FILIPE ZACCHE DE SA CARDOSO	128 AVULSO	01:50:04.07	00:36:26.40	00:02:14.06	00:39:20.87	00:01:14.95	00:30:47.79	
15	LEONARDO CAVACHINI BELARD	137 TOUCA PRETA	01:51:40.47	00:43:17.81	00:01:00.53	00:38:28.34	00:01:19.93	00:27:33.86	
16	RHAMON PEREIRA PASSOS	141 LOCAMAR TEAM	01:52:06.74	00:39:40.50	00:03:08.69	00:40:03.46	00:01:24.22	00:27:49.87	
17	HEVER LUIZ JUNIO SOUZA DA CRUZ	127 THE LOUSA WAY	01:53:12.49	00:43:23.19	00:02:47.26	00:42:55.89	00:01:20.37	00:22:45.78	
18	VITOR DELMAESTRO	142 L3 TRIATHLON TEAM	01:54:41.10	00:39:28.66	00:03:16.58	00:44:12.94	00:01:07.68	00:26:35.24	
DQ	FREDERICO MEIRELES SOARES	144 L3							



SPRINT CATEGORIAS

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24/11/24

Col	Atleta	Nro	Equipe	Final	Natação	T1	Ciclismo	T2	Corrida
F 30-34									
1	FABRICIA VILLELA DE NOVAES BARCELLOS	22	L3 - LEONARDO RODRIGUES	01:36:41.58	00:30:18.11	00:00:54.46	00:38:56.32	00:01:21.26	00:25:11.43
2	CARLA BITTENCOURT DE BARROS ALMEIDA	23		01:40:01.33	00:32:47.03	00:01:09.59	00:39:43.16	00:01:27.63	00:24:53.92
3	GEANE SILVA DE OLIVEIRA	19	ACQUACLIN	01:44:37.78	00:30:44.57	00:01:40.96	00:44:07.11	00:01:12.92	00:26:52.22
4	JAQUELINI LUBER	24	JACKSON MARTINS	01:45:12.74	00:31:54.93	00:01:48.21	00:43:17.28	00:01:18.22	00:26:54.10
5	GLENDA STEIN MATTOS	21	EQUIPE LIMIAR	01:49:38.34	00:35:11.59	00:01:53.38	00:39:54.25	00:01:19.45	00:31:19.67
6	WANDSILA LEMOS	20	AVULSO	01:59:47.36	00:39:07.11	00:02:24.64	00:45:14.88	00:01:51.90	00:31:08.83
M 35-39									
1	FREDERICO GUERRA REGGIANI	105	LR TRI TEAM START ENERGY DRIN	01:16:34.51	00:23:03.02	00:00:54.75	00:31:28.36	00:00:47.57	00:20:20.81
2	YURI NASCIMENTO NARIYOSHI	115	TRIATLETAS DE PESO	01:20:48.05	00:24:48.41	00:00:56.37	00:32:45.06	00:00:53.23	00:21:24.98
3	RAMIRO AVANCINI DE OLIVEIRA DUARTE	109	L3 ASSESSORIA ESPORTIVA	01:23:20.77	00:25:15.30	00:01:05.62	00:32:12.37	00:00:53.44	00:23:54.04
4	VINICIUS AYRES RIBEIRO	125	AVULSO	01:27:01.34	00:23:30.57	00:01:23.77	00:00:00.00	00:00:00.00	00:00:00.00
5	HEBER MARCEL ANDRADE DOS SANTOS	121		01:28:00.81	00:30:29.26	00:00:39.16	00:32:57.93	00:01:04.81	00:22:49.65
6	RAFAEL MARQUES ESTEVES DE SOUZA	108	L3 TRIATHLON	01:28:47.75	00:31:00.34	00:01:43.85	00:33:07.52	00:01:16.89	00:21:39.15
7	LUAN MATOS FRANCO	123	VEMSERTRI	01:32:08.27	00:28:53.98	00:01:10.23	00:37:06.79	00:01:23.29	00:23:33.98
8	RENAN FERREIRA INTRA	114		01:35:36.38	00:30:36.64	00:01:00.85	00:40:06.40	00:01:04.12	00:22:48.37
9	DANIEL ESCOBAR	112	L3	01:37:17.48	00:27:23.10	00:01:48.77	00:38:21.48	00:01:16.93	00:28:27.20
10	JOAO WILLIANS DE OLIVEIRA FRANCA	110	ATIVE	01:43:48.10	00:39:37.61	00:01:35.82	00:35:19.89	00:00:54.29	00:26:20.49
11	GUSTAVO MIGUEZ COSTA	120	STRONG TRI	01:44:10.14	00:28:43.43	00:01:51.26	00:41:00.31	00:01:27.13	00:31:08.01
12	ROMILDO FACINI JUNIOR	118	MULTESPORTE	01:45:54.05	00:33:56.20	00:01:49.46	00:39:15.26	00:02:03.63	00:28:49.50
13	DIOGO ANTONIO RIZZO	117	L3	01:49:24.07	00:41:58.28	00:01:33.24	00:39:13.58	00:01:27.92	00:25:11.05
14	VICTOR MAGALHAES CURTY	113	AVULSO	01:50:43.42	00:46:21.27	00:00:50.98	00:37:35.23	00:01:23.41	00:24:32.53
15	VICTOR HUGO FREITAS DE OLIVEIRA	111	ENERGYUP	01:53:47.82	00:39:50.77	00:03:39.25	00:42:52.25	00:01:15.66	00:26:09.89
16	GUSTAVO GATTI CUZZUOL	122	AVULSO	01:53:57.86	00:37:06.54	00:02:03.59	00:39:51.72	00:02:02.46	00:32:53.55
17	MARCELO MAFRA OLIVEIRA	107	AVULSO	01:58:28.19	00:34:33.32	00:02:58.72	00:45:10.91	00:02:11.34	00:33:33.90
18	MARCIO SILVA SOUZA	124	NAO	01:58:37.73	00:37:19.24	00:02:30.91	00:41:12.40	00:01:47.80	00:35:47.38
19	RICARDO OTTO LYRA FERNANDES	119	CHEESEBURGER	02:03:30.86	00:31:05.90	00:02:50.53	00:44:35.50	00:01:23.29	00:43:35.64
20	HENRIQUE STTEFANO SENICO CARVALHO	104	TOUCA PRETA	02:09:54.85	00:37:05.36	00:02:46.39	00:48:57.99	00:02:34.46	00:38:30.65



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Col	Atleta	Nro Equipe	Final	Natação	T1	Ciclismo	T2	Corrida
DQ	DIEGO MANHAES TAVARES	103 EQUIPE ROMULO SANTOS CBMRJ						
DQ	LEO HENRIQUE CORDEIRO PRETTI	106						
F 35-39								
1	LUANA DOMINGOS DE OLIVEIRA COUTO	15 AVULSO	01:49:26.91	00:35:31.55	00:01:14.07	00:43:07.93	00:01:01.36	00:28:32.00
2	MEIRIELLI DE NADAI FIDENCIO COZZER	18 EQUIPE LIMIAR	01:51:47.60	00:34:22.26	00:01:22.78	00:47:42.09	00:01:48.51	00:26:31.96
3	ANA LUIZA LEAL BARBOSA	16 L3	01:54:07.31	00:38:28.69	00:01:32.40	00:42:53.00	00:02:31.19	00:28:42.03
4	VLADIA ALBURQUERQUE DE ALMEIDA	17	01:58:19.40	00:37:18.21	00:01:31.51	00:45:31.27	00:02:07.45	00:31:50.96
M 40-44								
1	OSIEL PEREIRA CLEMENTE	87 TONINIS	01:16:38.30	00:25:54.95	00:00:32.95	00:32:03.49	00:00:43.38	00:17:23.53
2	CONSTANTEEN HELAL NETO	84 TOUCA PRETA	01:16:56.35	00:23:01.39	00:00:52.18	00:31:32.01	00:00:51.31	00:20:39.46 F
3	ARTHUR RIGONI ZUQUI	100 CORPORE MOVE	01:19:45.32	00:27:47.19	00:01:11.46	00:31:43.64	00:00:59.88	00:18:03.15 F
4	RAFAEL RAMOS BERNARDO	96 EVOCLUB	01:21:23.48	00:25:16.98	00:00:54.67	00:32:23.50	00:01:00.35	00:21:47.98
5	LEONARDO PENNAFORT	93	01:21:28.91	00:26:47.56	00:00:46.98	00:32:27.46	00:00:59.16	00:20:27.75
6	RENAN RIBEIRO GUZZO	99 L3	01:21:34.30	00:23:21.80	00:01:02.85	00:34:00.43	00:01:05.98	00:22:03.24 F
7	OTAVIO CALIMAN DADALTO	80 TOUCA PRETA	01:21:39.19	00:23:19.77	00:00:57.12	00:33:44.13	00:01:00.81	00:22:37.36
8	ALESSANDRO FRIZZERA BAUMGARTEN	90 GGTRI	01:22:18.31	00:25:42.71	00:00:49.18	00:31:59.86	00:00:54.58	00:22:51.98 F
9	LORENZO ERLER TREGNAGO	79	01:25:54.26	00:24:50.11	00:00:52.75	00:34:29.48	00:01:11.40	00:24:30.52
10	JAIRO LEITE DA FONSECA	189	01:26:13.33	00:28:00.16	00:01:07.32	00:33:14.94	00:01:12.81	00:22:38.10
11	PHELIPE FRANCA VIEIRA	88 FFCOUTO	01:26:59.00	00:24:40.26	00:01:04.43	00:34:26.62	00:01:17.03	00:25:30.66 F
12	MARCO ANTONIO DE OLIVEIRA SANTOS	92 JACKSON MARTINS	01:29:19.91	00:29:05.59	00:01:36.19	00:34:46.23	00:01:17.22	00:22:34.68 F
13	LEANDER CORREA DAVILA	94	01:29:45.12	00:27:31.83	00:01:25.60	00:34:00.77	00:01:22.59	00:25:24.33
14	RODRIGO CALEZANI	73 TOUCA PRETA	01:30:08.42	00:29:26.12	00:01:22.50	00:33:44.90	00:00:54.33	00:24:40.57 F
15	ALEX DOS SANTOS CARNEIRO	83 MORGADO TRI	01:38:44.03	00:37:15.94	00:02:58.85	00:34:21.17	00:01:43.56	00:22:24.51 F
16	FRANK FERREIRA LOZER	77	01:38:55.33	00:30:21.31	00:01:28.12	00:35:41.24	00:01:39.38	00:29:45.28
17	ANDERSON COUTINHO CORONA	78 GG TRI	01:39:17.76	00:32:29.73	00:01:18.89	00:37:48.81	00:01:30.24	00:26:10.09
18	VINICIUS SEIXAS BERGER	82 EQUIPE LIMIAR	01:44:30.70	00:37:40.85	00:02:18.66	00:35:01.17	00:01:25.59	00:28:04.43
19	SAMUEL DEOTERONIO DA SILVA	86 GGTRI	01:45:37.53	00:39:31.01	00:01:26.01	00:37:02.42	00:01:09.86	00:26:28.23 F



SPRINT CATEGORIAS

VILA VELHA - ES
24/11/24

Col	Atleta	Nro	Equipe	Final	Natação	T1	Ciclismo	T2	Corrida
20	LEANDRO MARCIO VIEIRA E ANDRADE	91	AM ESPORTES	01:45:42.81	00:38:56.94	00:03:16.78	00:37:26.30	00:01:53.41	00:24:09.38
21	ALEXANDRE CONCEICAO DE JESUS	89	RL ASSESSORIA	01:49:01.08	00:42:09.35	00:03:50.51	00:37:45.88	00:03:00.38	00:22:14.96
22	FABIO JUNIOR COSTA BINDA	75	AVULSO	01:56:29.53	00:41:10.70	00:01:41.16	00:43:30.83	00:01:39.41	00:28:27.43
23	DANIEL GOMES CARVALHO	74	L3 TRIATHLON TEAM	02:02:09.63	00:33:33.94	00:02:26.74	00:41:29.43	00:02:24.39	00:42:15.13 F
24	RUDNEI SOARES DOS SANTOS	85	MULTIESPORTISTAS DE PESO	02:03:33.84	00:42:37.76	00:03:34.05	00:48:30.61	00:01:48.54	00:27:02.88
25	LEONARDO DE FRANCO ALVES	102	LR3	02:09:53.32	00:44:36.62	00:03:01.51	00:44:57.06	00:02:23.88	00:34:54.25
26	MARCO ANTONIO LAZARONI VALLI	97	L3	02:12:45.53	00:49:05.17	00:04:06.28	00:45:50.66	00:01:33.83	00:32:09.59
F 40-44									
1	VIVIANE WIGAND GODINHO SADER	12	L3	01:43:36.29	00:38:12.63	00:01:04.83	00:38:52.41	00:00:45.77	00:24:40.65 F
2	ROBERTA BERTOANI FIENI	11	GG TRI	01:47:11.17	00:35:47.70	00:01:13.18	00:41:40.13	00:01:14.34	00:27:15.82 F
3	PAULA LAMPE FIGUEIRA	8	ALMA TRI	01:49:19.45	00:37:59.50	00:01:29.39	00:41:20.01	00:01:41.76	00:26:48.79
4	MICHELY MEZADRI	13	FFCOUTO	01:56:15.73	00:40:14.06	00:02:01.91	00:42:42.19	00:01:03.59	00:30:13.98
5	THUANE ELIZE BATISTA	7	AVULSO	02:11:14.27	00:40:44.06	00:01:22.27	00:45:53.73	00:02:01.38	00:41:12.83
DNF	MARIANNE AYRES DENK	10	AVULSO						
M 45-49									
1	FELIPE MOYSES VIEIRA	70	AVULSO	01:25:57.67	00:25:52.84	00:01:22.82	00:33:36.91	00:01:01.96	00:24:03.14
2	DANIEL CAIADO RIBEIRO DALLA	62	LIMIAR	01:27:27.30	00:29:33.80	00:01:03.22	00:32:53.59	00:00:59.07	00:22:57.62
3	HALIM PAVESI AZOURY	67	GGTRI	01:31:14.57	00:30:14.21	00:02:22.46	00:33:52.16	00:01:11.21	00:23:34.53 F
4	GILBERTO ANDRE ROSA SACRAMENTO	60	FORTES TRAINING	01:34:11.78	00:33:07.59	00:01:39.31	00:34:25.95	00:01:21.98	00:23:36.95
5	EDUARDO ADOLF SCHOLZ COUTO	61	L3	01:36:02.05	00:34:42.33	00:01:16.82	00:35:36.64	00:01:28.91	00:22:57.35
6	EMILIO CAVERSAN	71	L3	01:39:32.56	00:32:37.73	00:02:08.89	00:37:43.84	00:01:44.14	00:25:17.96 F
7	MATHEUS GAVA FERREIRA	69	LIMIAR	01:41:22.49	00:28:29.21	00:01:18.14	00:39:40.12	00:01:11.96	00:30:43.06
8	ALEX SANDRO MERLLO	64	GGTRI	01:44:09.94	00:36:59.19	00:01:29.18	00:38:05.93	00:01:30.56	00:26:05.08
9	WILLY MURI THOMPSON	65	LIMIAR	01:49:19.31	00:33:36.08	00:01:37.62	00:43:03.53	00:01:50.53	00:29:11.55
10	JUNIOR AMARAL	63	AMARALS	01:53:24.79	00:31:41.36	00:03:04.96	00:40:08.61	00:03:55.84	00:34:34.02
DQ	PABLO COUTO FERREIRA	59							



SPRINT CATEGORIAS

VILA VELHA - ES
24/11/24

Col	Atleta	Nro	Equipe	Final	Natação	T1	Ciclismo	T2	Corrida	
F 45-49										
1	DANIELLI LARANJA	5	GGTRI	02:06:04.66	00:48:52.20	00:02:10.20	00:45:26.54	00:01:01.78	00:28:33.94	
M 50-54										
1	GERARDO PEREIRA LIMA FILHO	46	GGTRI ASSESSORIA ESPORTIVA	01:17:44.02	00:23:04.68	00:00:41.94	00:31:41.21	00:00:49.45	00:21:26.74	F
2	ANDRE NEIVA DE LIMA ROCHA	48	CARDIOVIX	01:17:57.80	00:20:23.29	00:00:39.79	00:32:24.14	00:00:51.76	00:23:38.82	F
3	RODRIGO BAGUEIRA DE VASCONCELLOS	37	MR TRI	01:24:43.22	00:25:44.88	00:01:20.14	00:33:12.36	00:01:22.97	00:23:02.87	
4	CESAR AUGUSTO DE MOURA	52	LIMIAR	01:25:42.41	00:25:55.28	00:01:25.81	00:35:10.04	00:01:10.98	00:22:00.30	F
5	FABIO CUSTODIO DE SOUZA	49		01:32:35.14	00:31:42.75	00:01:27.94	00:34:17.89	00:01:24.99	00:23:41.57	
6	ADRISSOM CUSTODIO PERIS	57		01:33:18.43	00:30:21.57	00:01:20.47	00:35:33.17	00:01:24.30	00:24:38.92	
7	MARCIO NASCIMENTO RODRIGUES	56		01:36:09.78	00:32:01.57	00:02:19.10	00:35:58.79	00:01:41.19	00:24:09.13	
8	THARSON SUSANO GRATIVVOL	50	L3	01:36:58.72	00:30:27.25	00:01:08.62	00:37:20.57	00:01:17.25	00:26:45.03	F
DQ	FABIO ACAUHI COSTA DOS SANTOS	55	GGTRI							
M 55-59										
1	FLAVIO NUNES MATIAS	42	L3	01:30:56.55	00:29:52.85	00:01:08.03	00:33:33.32	00:00:48.76	00:25:33.59	F
2	EDUARDO FRANCISCO FERNANDES	41	AVULSO	01:41:47.38	00:28:24.99	00:01:20.94	00:37:14.70	00:01:37.28	00:33:09.47	
3	HUMBERTO MANOEL PASSOS BEIRIZ	44	GGTRI	01:43:42.48	00:27:43.80	00:01:22.30	00:41:42.74	00:01:05.43	00:31:48.21	F
4	AUGUSTO HILARIO PASSAMANI	40		02:09:02.49	00:51:50.76	00:02:15.91	00:45:22.85	00:01:14.69	00:28:18.28	
F 55-59										
1	CLAUDIA SUELI MARTINS DE FARIA	3	AVULSO	02:15:26.50	00:40:29.69	00:03:06.28	00:49:05.10	00:01:44.39	00:41:01.04	
M 60-64										
1	JABES LOMEU GUIMARAES JUNIOR	250		01:28:27.51	00:26:48.97	00:01:06.91	00:33:49.53	00:01:10.03	00:25:32.07	
2	MAURO SCHNEIDER DUARTE	39	MULTIESPORTIVA	01:39:10.50	00:30:42.78	00:01:00.41	00:38:20.13	00:01:40.04	00:27:27.14	F
3	GERSON SÁVIO DA SILVEIRA	38		02:12:56.73	00:54:19.39	00:04:52.88	00:46:37.36	00:01:30.24	00:25:36.86	
M 65-69										
1	ALBERTO MILED MONTEIRO	35	AVULSO	01:59:33.49	00:40:21.15	00:03:42.17	00:44:34.94	00:01:09.84	00:29:45.39	