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Geral e Categorias

17/03/24
VITÓRIA/ES

Col.	Nome	Nro Equipe	UF	Final	Natação	T1	Ciclismo	T2	Corrida
M 18/24									
1	DANIEL GUIMARÃES GODINHO	326 TOUCA PRETA	ES	01:09:45.55	00:12:32.90	00:01:42.28	00:34:27.47	00:00:58.63	00:20:04.27
2	SAMUEL LOPES MIRANDA	325 TEO ESPORTES	MG	01:23:49.52	00:18:14.96	00:03:52.98	00:36:53.24	00:02:17.53	00:22:30.81
3	VITOR LIMA DE FREITAS	440 BV RUNTRI		01:29:25.26	00:23:55.79	00:03:10.12	00:38:59.62	00:01:50.01	00:21:29.72
4	BRUNO BERNARDES DE ARAUJO MONIZ	327 .	MG	01:52:00.68	00:21:58.76	00:06:13.71	00:49:18.65	00:02:25.01	00:32:04.55
5	IAN POVILL MAURICIO	321 ESCOLA DO MAR		01:55:40.96	00:16:27.05	00:03:19.59	00:47:19.11	00:02:45.40	00:45:49.81
F 18/24									
1	ANA PAULA TONIATO SIMOES	260 .	ES	01:47:55.94	00:18:11.56	00:03:19.97	00:46:46.50	00:02:13.89	00:37:24.02
2	CECILIA TURETTA POMPEI	258 UNIQUE		02:22:05.97	00:34:19.96	00:05:55.45	00:59:43.50	00:02:48.69	00:39:18.37
M 25/29									
1	BRUNO MARTINS COELHO FERNANDES	328 JABES TRI	ES	01:15:48.05	00:14:27.47	00:02:30.13	00:37:21.31	00:02:01.03	00:19:28.11
2	LUCCA ROSS FIALHO	522 TOUCA PRETA	ES	01:21:28.85	00:14:41.54	00:02:22.52	00:37:02.82	00:01:14.15	00:26:07.82
3	CAIQUE SANTANA	383 BV RUNTRI		01:25:49.03	00:18:53.74	00:04:01.91	00:39:51.83	00:02:00.04	00:21:01.51
4	IDELSON CARLOS PENA JUNIOR	332 .	MG	01:41:14.84	00:24:51.06	00:04:01.39	00:43:20.01	00:02:08.78	00:26:53.60
5	MATEUS HENRIQUE DE PAULA LOPES	333 .	MG	01:43:33.49	00:24:30.95	00:03:43.96	00:41:03.36	00:03:33.99	00:30:41.23
6	FELIPE FALCAO	330 HC ASSESSORIA ESPORTIVA	MG	01:56:41.44	00:24:03.98	00:05:29.34	00:49:57.34	00:04:35.59	00:32:35.19
F 25/29									
1	KEICYANE REIS SILVA	549 CASSIO DALBROSS		01:34:14.87	00:18:50.17	00:02:17.22	00:48:20.44	00:01:25.54	00:23:21.50
M 30/34									
1	ANDRE AUGUSTO ORLETTI	546 L3	ES	01:12:26.75	00:14:22.36	00:02:20.19	00:36:07.47	00:01:09.59	00:18:27.14
2	SAVIO PEREIRA MAGALHAES	353 TOUCA PRETA		01:12:54.36	00:13:10.70	00:01:56.12	00:35:32.62	00:01:04.20	00:21:10.72
3	TIAGO OLIVEIRA DUTRA	351 VIDA ATIVA	MG	01:16:07.36	00:14:32.01	00:02:57.19	00:36:01.91	00:01:21.23	00:21:15.02
4	LUCAS BIAGINI	336 BV RUNTRI	MG	01:17:39.73	00:14:42.36	00:03:01.73	00:36:11.97	00:01:19.35	00:22:24.32
5	RHUAN CHRISTIAN PATROCINIO PORTO	528 GG TRI	ES	01:20:37.39	00:15:58.41	00:02:14.03	00:37:40.95	00:01:10.16	00:23:33.84
6	CAIO MOREIRA TEIXEIRA	359 L3		01:22:52.33	00:17:34.26	00:03:01.21	00:37:45.70	00:02:10.84	00:22:20.32
7	VINICIUS MACEDO SOARES TAVARES	345 TIME DESFRUTAR	RJ	01:24:02.79	00:18:31.84	00:03:02.67	00:39:40.62	00:01:29.69	00:21:17.97



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8	VINICIUS MARTINS DE PAULA	358	.	MG	01:24:16.61	00:18:40.46	00:03:17.44	00:38:20.60	00:01:35.14	00:22:22.97
9	VINICIUS VIZA DE OLIVEIRA	356	EQUIPE TVJ	MG	01:26:07.73	00:18:40.44	00:03:22.79	00:38:08.70	00:01:34.82	00:24:20.98
10	PEDRO HENRIQUE SOUZA HENRIQUES	354	ENDORFINA	MG	01:26:56.44	00:18:50.59	00:04:52.28	00:38:37.33	00:02:36.45	00:21:59.79
11	DIEGO BLANC	343	SKY	RJ	01:31:36.60	00:16:58.50	00:04:06.75	00:43:06.63	00:01:50.48	00:25:34.24
12	VICTOR DE SOUZA MACIEL	349	RC RUNNING	RJ	01:32:49.50	00:18:22.51	00:04:02.55	00:41:24.35	00:02:19.75	00:26:40.34
13	GUILHERME ABDO LACERDA VAZZOLER	346	GOSON	ES	01:35:41.56	00:16:15.37	00:03:52.10	00:44:24.91	00:03:18.46	00:27:50.72
14	LUCAS DA SILVA LINO	339	CBMMG	MG	01:37:52.81	00:21:57.55	00:03:27.96	00:45:29.62	00:01:51.81	00:25:05.87
15	EDUARDO TEIXEIRA DA SILVA	350	MINAS TENIS CLUBE	MG	01:39:30.56	00:18:30.74	00:05:27.13	00:47:14.25	00:02:20.48	00:25:57.96
16	KRYSTIAN SIQUEIRA BOTELHO	337	CALANGO DOIDO	ES	01:42:18.13	00:24:30.20	00:02:56.51	00:46:23.39	00:01:54.97	00:26:33.06
17	WALLACE DOS REIS LIMA SILVA	342	CASSIO DAMBROZ	ES	01:42:57.24	00:18:11.25	00:03:30.32	00:45:18.54	00:02:29.12	00:33:28.01
18	THIAGO CLEMENTE DE SOUZA	348	ENDORFINA	MG	01:49:22.53	00:22:50.01	00:04:54.69	00:46:47.22	00:02:10.95	00:32:39.66
19	MIGUEL LUCAS DE SOUZA HOMEM	347	.		01:52:11.81	00:22:02.26	00:04:59.65	00:48:59.35	00:03:44.06	00:32:26.49
20	VICTOR DO NASCIMENTO ZANELATO	352	SANTO TROTE	ES	01:53:52.07	00:30:17.08	00:04:12.12	00:49:02.27	00:02:27.52	00:27:53.08
21	FELIPE CRISSIULLO VASCONCELOS	344	JUBARTE	RJ	01:56:24.53	00:22:44.98	00:03:54.30	00:48:50.33	00:03:06.64	00:37:48.28
22	BRUNO OLIVEIRA GLORIA	357	.	MG	01:59:49.66	00:29:05.69	00:04:53.92	00:52:59.82	00:01:58.24	00:30:51.99
23	DIEGO AUGUSTO LOPES FRAGA	338	TEAM BLACK	MG	02:01:19.54	00:26:20.15	00:06:47.01	00:39:39.40	00:06:13.98	00:42:19.00

F 30/34

1	RAIELE BRANDT RUCKDESCHEL	263	.	ES	01:35:13.59	00:25:03.38	00:03:13.99	00:41:02.18	00:01:50.55	00:24:03.49
2	GABRIELA CARLA SILVA DE SOUZA	264	ASSESSORIA ESPORTIVA DG	MG	01:39:36.45	00:18:03.61	00:04:19.87	00:46:27.84	00:02:16.37	00:28:28.76
3	HANNAH SZABO	262	.	MG	01:39:46.82	00:18:00.15	00:03:46.28	00:51:11.84	00:01:35.13	00:25:13.42
4	POLYANA PAULA FURTADO SILVA	261	ENDORFINA	MG	01:40:02.02	00:18:16.13	00:04:32.19	00:47:03.14	00:02:03.10	00:28:07.46
5	BARBARA BERNARDO CURYTIBA	269	.	ES	01:45:45.43	00:25:27.30	00:04:09.19	00:47:30.25	00:03:02.79	00:25:35.90
6	JAQUELINI LUBER	266	OXIDATIVA	ES	01:50:10.62	00:27:28.97	00:03:41.87	00:47:23.40	00:02:31.80	00:29:04.58
7	JULIA HOLST FAUSTINI DE REZENDE	268	SUPERA	RJ	01:58:12.19	00:22:05.31	00:04:46.85	00:50:24.70	00:02:55.89	00:37:59.44
8	CAROLINE COUTO VIANA DA SILVA	265	CORRIDA MACAE	RJ	02:07:07.98	00:24:38.20	00:05:21.97	00:57:58.91	00:02:27.74	00:36:41.16
9	LORENA BARROS ALMEIDA	267	CORRIDA MACAE	RJ	02:08:28.60	00:26:27.57	00:04:31.56	00:58:04.27	00:02:56.27	00:36:28.93

M 35/39

1	DIEGO RABELO DE PAULA	387	EQUIPE LIMIAR	ES	01:15:56.82	00:15:25.47	00:02:38.08	00:35:59.45	00:01:28.79	00:20:25.03
2	YURI NASCIMENTO NARIYOSHI	372	EB ASSESSORIA DESportiva	ES	01:17:25.86	00:15:38.58	00:02:31.72	00:35:42.52	00:01:54.41	00:21:38.63
3	ALEXANDRE MARCELO MAGALHAES GONTIJO	368	ENDORFINA	MG	01:20:30.72	00:17:22.62	00:03:44.56	00:36:56.14	00:01:31.44	00:20:55.96



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4	VINICIUS CALOMENI MORETT	373	ESTACAO CROSS	RJ	01:26:53.55	00:19:56.60	00:03:15.54	00:37:25.65	00:03:21.52	00:22:54.24
5	PAULO CHRISTIANO DE MENDONCA E SILVA	360	IM3	MG	01:27:09.28	00:16:34.02	00:04:26.25	00:38:10.29	00:01:58.83	00:25:59.89
6	JOAO PAULO DE VASCONCELOS JUNIOR	371	.	MG	01:27:28.61	00:20:37.15	00:04:19.34	00:37:09.78	00:02:54.47	00:22:27.87
7	MATHEUS CARDOSO ESPOSITO RAFAEL	361	MONSTROS MARINHOS		01:34:48.38	00:17:55.42	00:05:48.50	00:44:52.48	00:01:34.80	00:24:37.18
8	RAVEL QUEIROZ DA VEIGA E SOUZA	380	AM ESPORTES	MG	01:34:48.76	00:20:01.12	00:04:14.02	00:44:31.55	00:01:31.18	00:24:30.89
9	CRISTIANO BALBINO DE OLIVEIRA	375	JUBARTE	RJ	01:35:33.02	00:22:14.97	00:03:57.70	00:42:25.74	00:02:10.14	00:24:44.47
10	THEO LUIZ DE ALAMEIDA	376	.		01:35:43.76	00:21:14.26	00:03:26.88	00:39:26.18	00:02:09.93	00:29:26.51
11	THIAGO TEIXEIRA BASILIO	382	CORRIDA	RJ	01:35:48.35	00:20:41.18	00:02:45.61	00:40:19.54	00:01:50.22	00:30:11.80
12	VICTOR MOYSES NASCIMENTO	374	SABE NEM NADAR	ES	01:36:16.89	00:21:43.17	00:03:31.21	00:45:11.71	00:01:17.17	00:24:33.63
13	JULIO CESAR VIEIRA	366	TEO ESPORTES	MG	01:39:20.29	00:18:41.79	00:03:04.03	00:43:35.43	00:01:53.97	00:32:05.07
14	SAVIO BOA VIEIRA	378	PRIMUS	ES	01:43:00.88	00:18:44.89	00:04:22.46	00:47:36.52	00:01:43.15	00:30:33.86
15	IGOR MARCELLUS REZENDE TEODORO	364	ENDORFINA	MG	01:43:13.56	00:20:43.44	00:07:22.21	00:43:56.13	00:03:27.57	00:27:44.21
16	MARCO ANTONIO FERREIRA E SILVA	369	CBMMG	MG	01:48:44.70	00:19:13.98	00:05:17.53	00:51:21.27	00:03:30.32	00:29:21.60
17	LEONEL BUENO	384	ENERGY UP	ES	01:54:41.11	00:23:15.64	00:06:37.80	00:45:28.48	00:02:59.40	00:36:19.79
18	RAFAEL DE OLIVEIRA	365	FORCA E SABEDORIA	MG	01:59:24.46	00:22:28.85	00:05:17.68	01:01:56.61	00:02:35.55	00:27:05.77
19	EDUARDO RIBEIRO SANCHES	379	MARATIMBA TRIATLON	ES	02:01:24.72	00:18:08.44	00:05:45.01	00:55:57.35	00:03:18.46	00:38:15.46
20	LEANDRO MARIANO CALDEIRA COELHO	381	MANHUACU	MG	02:03:02.05	00:20:39.01	00:05:36.14	01:00:12.39	00:02:00.46	00:34:34.05
21	GUSTAVO AMORA BASILIO	362	.	ES	02:11:58.87	00:24:37.85	00:06:03.25	00:56:40.03	00:03:10.20	00:41:27.54
22	BRUNO VIEIRA MEDEIROS DE OLIVEIRA	386	GHS		02:34:54.99	00:23:01.14	00:04:54.30	01:22:22.09	00:03:05.73	00:41:31.73

F 35/39

1	LUANA MAIA COSTA	276	PEAKS ARACAJU	SE	01:30:47.50	00:19:33.47	00:03:23.30	00:39:57.77	00:02:08.97	00:25:43.99
2	BRUNA GÓIS	274	ITT AVANTE	MG	01:37:13.43	00:20:36.22	00:05:17.01	00:42:36.70	00:02:12.47	00:26:31.03
3	RAFFAELLY RODRIGUES	279	ITT AVANTE	MG	01:37:13.52	00:19:41.94	00:04:54.00	00:43:33.63	00:01:34.59	00:27:29.36
4	SARAH MARTINS DA SILVA	521	LIMIAR		01:44:16.63	00:23:09.06	00:02:57.99	00:52:44.19	00:02:19.60	00:23:05.79
5	CARLA MATIAS DE SOUZA	275	CORRIDA MACAE	RJ	01:44:31.13	00:23:48.05	00:03:17.06	00:47:14.58	00:01:33.75	00:28:37.69
6	JULIANA FELIX SOUZA DOS SANTOS	273	IM3	MG	02:04:58.91	00:22:56.78	00:05:00.04	00:55:59.16	00:02:39.01	00:38:23.92

M 40/44

1	WAGNER LEAL LOPES	408	.	ES	01:20:14.57	00:14:08.95	00:03:32.41	00:36:21.14	00:01:53.52	00:24:18.55
2	RAFAEL MOURA	334	BV RUNTRI		01:21:38.04	00:18:41.86	00:04:02.17	00:35:16.19	00:01:47.56	00:21:50.26
3	MARCUS VINICIUS MOTTA ZANELLA	540	.	ES	01:21:52.07	00:18:12.81	00:02:20.50	00:37:24.40	00:01:05.78	00:22:48.58
4	WANDERSON ROMAO	398	.		01:22:25.59	00:17:26.39	00:02:55.69	00:36:50.78	00:01:52.69	00:23:20.04



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5	LEANDER CORREA D'AVILA	400 .	ES	01:23:31.94	00:16:26.37	00:02:46.21	00:36:43.77	00:02:09.33	00:25:26.26
6	FABIO VASCONCELOS GOUVEA	412 TOUCA PRETA	ES	01:26:12.34	00:17:02.71	00:02:27.82	00:38:35.53	00:01:38.48	00:26:27.80
7	DIEGO SILVA DA ROCHA	391 TOUCA PRETA	ES	01:28:13.15	00:16:36.53	00:02:40.47	00:39:05.13	00:01:53.59	00:27:57.43
8	HEBERT SOARES BERNARDINO	401 MOVEMENT	MG	01:28:48.65	00:21:29.48	00:03:38.80	00:38:21.25	00:01:39.17	00:23:39.95
9	ANDRÉ DA SILVA VAZ	530 CASSIO DAMBROZ	ES	01:29:30.01	00:21:31.67	00:03:21.80	00:39:24.74	00:01:35.37	00:23:36.43
10	RAFAEL LAMEGO	531 EVO CLUB	ES	01:29:56.03	00:16:47.81	00:03:57.48	00:37:42.80	00:02:04.13	00:29:23.81
11	RICARDO SARTORIO RIBEIRO DE SOUZA	410 .	ES	01:30:08.86	00:19:36.01	00:02:30.61	00:40:06.23	00:02:03.53	00:25:52.48
12	MAX CORREA FONSECA	422 EQUIPE SUPERA	RJ	01:30:35.71	00:20:00.26	00:03:17.48	00:40:34.05	00:02:03.27	00:24:40.65
13	ALFREDO GRIGOREVSKI NETO	414 ROCKSPORT	MG	01:31:28.34	00:18:43.49	00:04:16.16	00:41:08.24	00:02:00.76	00:25:19.69
14	PHELIPE FRANÇA VIEIRA	413 .	ES	01:31:28.88	00:14:03.16	00:03:59.40	00:41:23.93	00:02:26.39	00:29:36.00
15	SAMUEL DEOTERONIO DA SILVA	417 .	ES	01:31:31.48	00:21:16.05	00:03:16.53	00:38:18.25	00:02:02.56	00:26:38.09
16	SAULO BOA VIEIRA	394 CASSIO DAMBROZ	ES	01:32:42.87	00:18:20.73	00:04:21.35	00:43:06.64	00:01:43.12	00:25:11.03
17	GUSTAVO SANTOS DE CARVALHO	393 TRIATHLON GUACUI	ES	01:33:49.54	00:18:01.87	00:05:14.16	00:42:01.38	00:03:03.51	00:25:28.62
18	DANIEL LICY GOMES DE MELLO	420 RBCOMPETITION	MG	01:35:46.87	00:20:40.72	00:04:43.52	00:40:53.87	00:03:01.96	00:26:26.80
19	RENATO DE LIMA STELZER	388 TOUCA PRETA	ES	01:36:06.98	00:18:49.72	00:03:15.18	00:42:18.23	00:01:30.24	00:30:13.61
20	CARLOS FREDERICO MAJESKI COLOMBO	419 ZAGURUMA SPORTS	MG	01:37:21.89	00:17:52.50	00:04:40.25	00:41:45.14	00:02:02.98	00:31:01.02
21	THIAGO PEREIRA MALAQUIAS	399 L3 TRIATHLON TEAM	ES	01:40:29.48	00:19:06.16	00:03:27.78	00:46:00.79	00:02:07.54	00:29:47.21
22	FLAVIO GAMA CONCEICAO	544 LIMIAR	ES	01:42:24.00	00:18:37.64	00:03:40.12	00:44:53.98	00:02:58.75	00:32:13.51
23	ANGELO RIGONI PIANA	406 LE CHOCOLATIER	ES	01:42:51.24	00:19:04.84	00:03:10.06	00:46:00.85	00:02:48.62	00:31:46.87
24	ROGERIO EDUARDO SOUZA DE ALMEIDA DIAS	409 TEAM RAPHA PELICANO	MG	01:44:20.42	00:23:37.98	00:07:31.24	00:43:22.44	00:03:16.56	00:26:32.20
25	FELIPE JUNQUEIRA VOLPE	390 .	ES	01:44:58.62	00:20:51.98	00:04:02.96	00:41:18.68	00:03:43.35	00:35:01.65
26	RENATO NOGUEIRA DA GAMA E SOUSA	404 ENDORFINA	MG	01:46:48.53	00:18:40.10	00:06:20.59	00:44:58.69	00:05:11.53	00:31:37.62
27	RONALDO DE ALMEIDA CASTRO	301 SOUTRI		01:47:18.31	00:17:13.85	00:05:02.39	00:48:44.06	00:02:52.23	00:33:25.78
28	ADENILTON MOTA RAMPINELLI	396 FAST RUNNER	ES	01:48:26.35	00:18:55.43	00:03:49.81	00:53:00.77	00:02:06.05	00:30:34.29
29	SILENO MARTINHO SILVA RIBEIRO JUNIOR	421 MARCOS ALMEIDA	RJ	01:49:05.53	00:18:23.71	00:04:39.22	00:49:42.65	00:02:51.50	00:33:28.45
30	FILLYPE BARRETO RISCADO BAHIENSE	392 .	ES	01:50:12.55	00:23:02.97	00:04:23.02	00:46:47.76	00:02:00.13	00:33:58.67
31	GIAN CARLOS DA SILVA VENANCIO	411 SOUTRI	MG	01:51:44.76	00:24:02.35	00:05:09.94	00:44:49.23	00:03:11.90	00:34:31.34
32	DANIEL GOMES CARVALHO	424 .	ES	02:06:14.00	00:19:34.43	00:05:35.06	00:51:55.32	00:03:26.04	00:45:43.15
33	ARILSON FERNANDES RIBEIRO DE SOUZA	407 DD TREINAMENTO	MG	02:17:59.71	00:29:39.08	00:06:41.95	00:55:03.70	00:04:45.82	00:41:49.16

F 40/44

1	ROBERTA BERTOANI FIENI	527 GG TRI		01:32:44.52	00:19:05.32	00:02:41.77	00:42:49.47	00:01:37.41	00:26:30.55
2	NAIARA IANOAM LIMA	287 AM ESPORTES	MG	01:35:22.60	00:20:38.00	00:03:02.55	00:43:16.77	00:01:32.19	00:26:53.09



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VITÓRIA/ES

3	NYCOLE MOTA CORTAT ARCENIO	290	CORRIDA MACAE	RJ	01:36:39.25	00:20:13.66	00:03:03.34	00:44:16.83	00:01:50.47	00:27:14.95
4	CLAUDIA ADEGAS ROESE	284	CIENCIA DO ENDURANCE	RS	01:39:20.26	00:18:13.91	00:03:39.67	00:42:06.12	00:01:44.72	00:33:35.84
5	LEDIANA CARVALHO DE AQUINO	294	CORRIDA MACAE	RJ	01:40:09.77	00:20:43.31	00:05:28.82	00:46:48.99	00:02:59.24	00:24:09.41
6	DANIELA SEIDEL	282	L3 LEONARDO RODRIGUES	ES	01:41:31.76	00:19:17.24	00:03:56.51	00:43:57.44	00:02:20.66	00:31:59.91
7	VIVIANE CINELLI OLIVEIRA DE CAMPOS	288	JUBARTE	RJ	01:42:56.29	00:20:43.55	00:04:41.69	00:49:29.45	00:02:22.94	00:25:38.66
8	PATRICIA ROSVADOSKI DA SILVA	289	MOVE BETTER	MG	01:43:22.88	00:25:27.20	00:04:19.80	00:45:16.78	00:01:47.68	00:26:31.42
9	FERNANDA BORGES TORRES	286	.	MG	01:44:13.90	00:22:40.97	00:03:57.44	00:46:39.95	00:02:03.19	00:28:52.35
10	CAROLINNE GOES TAVARES	293	SÃO DOMINGOS	ES	01:44:57.99	00:21:58.42	00:03:59.04	00:45:14.56	00:02:22.64	00:31:23.33
11	MICHELY MEZADRI	281	BOBMAR	ES	01:45:33.88	00:20:50.32	00:03:32.60	00:48:56.65	00:01:53.84	00:30:20.47
12	ANDREIA GROSSI SANTOS DE LAIA	296	SOUTRI	MG	01:46:08.47	00:21:52.54	00:05:21.74	00:45:55.87	00:04:04.50	00:28:53.82
13	ALEXANDRA DE MOURA FRANCA COUTO	291	CORRIDA MACAE	RJ	01:48:21.25	00:26:13.18	00:03:45.08	00:45:15.79	00:02:47.47	00:30:19.73
14	FABIANA SUEIRA	298	FOX	RJ	01:50:58.92	00:19:25.87	00:05:03.16	00:49:59.95	00:02:21.71	00:34:08.23
15	JULIANA DOS SANTOS CASSIDY	297	JUBARTE	RJ	01:51:34.15	00:18:55.19	00:04:50.97	00:53:08.02	00:02:34.90	00:32:05.07
16	ROBERTA CASTRO LAGE	300	AMESPORTES	MG	01:53:18.92	00:26:55.41	00:03:57.55	00:46:07.38	00:02:34.02	00:33:44.56
17	GABRIELA PROSPERI BICALHO	292	SOUTRI	MG	01:55:07.36	00:20:39.21	00:06:05.67	00:56:05.92	00:03:26.46	00:28:50.10
18	AMANDA VENTURINI SOBRINHO	283	L3		01:56:28.91					

M 45/49

1	LEONARDO STARLING	441	.	MG	01:18:53.57	00:16:53.43	00:02:34.04	00:36:19.36	00:01:21.80	00:21:44.94
2	FABIO MARSON	208	CB SPORTS	ES	01:18:59.20	00:14:40.26	00:02:33.89	00:35:28.60	00:01:11.83	00:25:04.62
3	RICHARD SOARES	329	LIMIAR		01:22:15.86	00:15:22.77	00:03:05.73	00:39:45.20	00:01:36.31	00:22:25.85
4	FELIPE PINHEIRO ARCENIO DOS SANTO	428	CORRIDA MACAE	RJ	01:22:17.87	00:18:22.13	00:03:08.41	00:35:36.88	00:01:42.22	00:23:28.23
5	CRISTHIANO MARTINS AUTOMARE	435	EQUIPE ROMULO SANTOS	RJ	01:22:39.14	00:16:23.59	00:03:10.91	00:38:29.25	00:01:15.83	00:23:19.56
6	HALIM PAVESI AZOURY	430	SAAMBIENTAL	ES	01:25:12.17	00:18:00.28	00:03:55.74	00:38:38.90	00:01:31.47	00:23:05.78
7	LUCIANO ALVES DE SOUZA	427	TOUCA PRETA		01:25:21.94	00:17:34.19	00:03:16.11	00:37:29.82	00:01:25.34	00:25:36.48
8	LEANDRO SABIDO CARDOSO	438	SUPERACAO	MG	01:25:40.96	00:19:15.87	00:02:58.24	00:37:56.01	00:02:24.39	00:23:06.45
9	RODRIGO BELLES	49	BV RUNTRI		01:29:09.93	00:14:34.57	00:03:08.45	00:37:59.55	00:01:37.55	00:31:49.81
10	JOÃO GUILHERME RODRIGUES GALLO	434	MINAS TENIS CLUBE	MG	01:34:00.37	00:14:16.22	00:04:19.40	00:45:09.33	00:03:23.50	00:26:51.92
11	FELIPE FINAMORE SIMONI	542	EVOCLUB		01:35:12.59	00:18:57.90	00:03:52.15	00:39:29.47	00:02:39.95	00:30:13.12
12	LEANDRO ALCY SALES FERREIRA	437	RC RUNNIG	RJ	01:35:23.82	00:17:53.23	00:02:44.68	00:45:43.01	00:02:15.22	00:26:47.68
13	RAPHAEL FRANCO FEDAK	433	MAXIMIXE	ES	01:36:41.45	00:14:38.29	00:04:04.92	00:40:33.52	00:02:47.57	00:34:37.15
14	JEAN SOUZA LEITE	432	ZAGURUMA	MG	01:37:21.64	00:23:42.89	00:03:06.05	00:39:07.41	00:02:10.76	00:29:14.53
15	MARCIO COSTA DA SILVA	439	EQUIPE JUBART	RJ	01:37:31.37	00:23:42.41	00:03:21.46	00:41:16.34	00:02:32.51	00:26:38.65



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Geral e Categorias

17/03/24
VITÓRIA/ES

16	ANDERSON HENRIQUE FERNANDES DE MELO	429	LIMIAR	ES	01:50:02.81	00:24:30.82	00:03:24.02	00:47:40.32	00:02:39.99	00:31:47.66
17	RICARDO LANGRA	431	.	ES	02:04:11.16	00:36:31.58	00:04:29.45	00:47:32.28	00:02:59.48	00:32:38.37
18	GUILHERME GOMES BATISTA	426	TRIATLON VICOSA	MG	02:09:33.93	00:23:17.40	00:07:04.90	00:48:04.92	00:03:58.62	00:47:08.09

F 45/49

1	CAROLINA MAJEVSKI BARRERE	303	GG TRI	ES	01:34:25.56	00:21:30.34	00:03:12.33	00:39:57.74	00:01:47.98	00:27:57.17
2	ANA ELISA CREPALDI	311	MINAS TENIS CLUBE	MG	01:38:43.33	00:19:34.41	00:03:46.54	00:45:21.17	00:02:59.64	00:27:01.57
3	RENATA RABELO AMORIM REZENDE	304	SOU TRI	MG	01:48:00.88	00:19:22.00	00:05:42.61	00:49:13.89	00:03:49.90	00:29:52.48
4	ANDREA DE SOUZA ITUASSU	312	SOU TRI	MG	01:55:55.97	00:23:09.87	00:06:10.47	00:53:19.58	00:04:39.40	00:28:36.65
5	ANDREA GUIMARAES	309	MINAS TENIS CLUBE	MG	01:58:07.50	00:23:26.47	00:05:10.39	00:51:35.33	00:04:42.27	00:33:13.04
6	IZABELA SANTOS FERREIRA ALVES	307	MINAS TENIS CLUBE	MG	01:59:53.74	00:20:35.09	00:08:18.55	00:53:15.31	00:05:52.40	00:31:52.39
7	JANINE SANTANA GONCALVES	310	M2SPORTS	RJ	02:19:11.37	00:23:35.54	00:04:47.35	01:15:45.55	00:02:43.46	00:32:19.47
8	LIA POVILL SCHUTZ	305	ESCOLA DO MAR	RJ	02:19:46.46	00:21:40.50	00:05:48.34	00:59:38.69	00:02:53.88	00:49:45.05

M 50/54

1	GERARDO PEREIRA LIMA FILHO	526	GG TRI	ES	01:13:08.85	00:13:15.57	00:01:56.49	00:36:34.45	00:01:02.28	00:20:20.06
2	ANDRE NEIVA DE LIMA ROCHA	451	CARDIOVIX	ES	01:13:32.50	00:12:00.19	00:02:06.21	00:32:37.25	00:01:26.82	00:25:22.03
3	CESAR AUGUSTO DE MOURA	445	.	ES	01:24:55.24	00:15:20.47	00:02:55.02	00:40:25.75	00:01:44.58	00:24:29.42
4	RODRIGO MARQUES CONTI	241	RB TEAM		01:25:00.43	00:18:13.73	00:03:03.56	00:36:33.36	00:01:36.62	00:25:33.16
5	THARSON SUSANO GRATIVVOL	450	L3	ES	01:26:00.11	00:17:17.66	00:02:33.80	00:38:28.93	00:01:32.09	00:26:07.63
6	MARCELO GAMA	453	MAXIMIZE	ES	01:28:19.54	00:17:18.95	00:03:30.55	00:39:35.95	00:02:16.28	00:25:37.81
7	VANDERLEY FIRME DOS SANTOS	456	GGTRI	ES	01:28:58.70	00:20:33.95	00:04:20.44	00:38:21.92	00:01:56.85	00:23:45.54
8	GEMISON ANDRADE	341	L3		01:31:36.78	00:18:08.51	00:02:43.54	00:42:02.17	00:01:44.13	00:26:58.43
9	JORGE PIMENTEL RIBEIRO	448	L3		01:34:35.69	00:17:54.55	00:03:16.64	00:45:41.55	00:01:17.08	00:26:25.87
10	ERIMAR TRINDADE AMBROSIO	517	.	ES	01:36:09.15	00:18:45.30	00:04:07.54	00:41:23.66	00:02:35.93	00:29:16.72
11	OSWALDO SILVA JR	452	L3 TRIATHLON TEAM	ES	01:43:22.79	00:20:57.85	00:04:12.58	00:43:07.87	00:03:20.06	00:31:44.43
12	GUSTAVO PROSPERI BICALHO	442	SOUTRI	MG	01:43:44.22	00:19:10.86	00:04:37.67	00:46:20.28	00:03:10.70	00:30:24.71
13	DANIEL MENEZES VIEIRA	446	MINAS TENIS CLUBE	MG	01:46:12.30	00:18:26.70	00:05:45.91	00:50:33.93	00:03:03.17	00:28:22.59
14	ALLAN GOMES BATISTA	443	TRIATLON VICOSA	MG	01:47:04.60	00:21:56.58	00:08:24.66	00:43:29.73	00:04:11.29	00:29:02.34
15	ANDRE DA SILVA RIBEIRO	455	CORRIDA MACAE	RJ	01:51:05.74	00:23:08.21	00:04:15.99	00:49:34.57	00:03:08.34	00:30:58.63
16	JOSE EDUARDO DO NASCIMENTO	447	EWO CLUB	ES	02:01:42.39	00:24:24.93	00:05:01.77	00:52:40.46	00:02:33.37	00:37:01.86

F 50/54



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Geral e Categorias

17/03/24
VITÓRIA/ES

1	WANIA LUCIA DA SILVA MARTINS	548	ROMULO SANTOS	01:42:36.78	00:22:55.29	00:03:45.48	00:43:17.79	00:02:45.15	00:29:53.07
2	CAROLINA HIDALGO GIL	314	SUPERA	02:11:00.75	00:38:18.40	00:06:25.74	00:46:20.84	00:05:34.61	00:34:21.16

M 55/59

1	WERTHER JOSÉ GOMES	458	BTC	01:26:42.28	00:17:19.74	00:03:07.13	00:37:53.94	00:01:26.56	00:26:54.91
2	SERGIO TASCA	462	ZAGURUMA SPORTS	MG 01:29:53.19	00:19:36.21	00:03:06.88	00:41:01.88	00:01:45.88	00:24:22.34
3	LENILDO LOPES VIEIRA FILHO	460	ESCOLA DO MAR	01:32:04.17	00:17:21.26	00:03:14.99	00:40:10.96	00:01:42.07	00:29:34.89
4	HUMBERTO MANOEL PASSOS BEIRIZ	457	.	ES 01:42:11.61	00:18:08.13	00:03:23.58	00:46:38.53	00:01:40.02	00:32:21.35
5	MARCOS EUGENIO DIAS DE MELLO	459	ENDORFINA	MG 01:42:46.90	00:21:14.88	00:06:08.03	00:44:38.00	00:04:12.55	00:26:33.44
6	EDMILSON FERREIRA DA SILVA	461	EQUIPE JUBARTE	RJ 01:49:15.51	00:22:34.22	00:04:10.57	00:53:16.61	00:01:38.27	00:27:35.84

F 55/59

1	LETICIA CARVALHO MARTINI	317	SOUTRI	MG 01:51:09.25	00:22:14.07	00:05:21.47	00:47:29.31	00:03:22.60	00:32:41.80
2	MONICA FONSECA	318	SOUTRI	02:15:19.78	00:27:58.91	00:04:22.83	00:54:22.31	00:04:51.35	00:43:44.38
3	CLAUDIA SUELI MARTINS DE FARIA	316	SOUTRI	02:16:27.32	00:29:39.91	00:03:07.16	00:56:43.44	00:03:35.54	00:43:21.27

M 60/64

1	AMARILDO PEREIRA PIRES	463	DAMTH ENGENHARIA	MG 01:39:10.18	00:23:03.73	00:05:24.59	00:43:30.67	00:02:46.70	00:24:24.49
2	JOSUE BENVINDO DE SOUZA	465	.	ES 01:42:24.74	00:23:45.27	00:03:27.14	00:49:01.40	00:02:46.15	00:23:24.78
3	PAULO ROBERTO DOS SANTOS AMORIM	464	ATTAQ TRI	MG 01:44:02.27	00:22:44.29	00:05:39.69	00:43:04.65	00:02:20.83	00:30:12.81

F 60/64

1	ADELI GAVINA	320	TIME GAVINA	ES 01:44:19.52	00:20:42.87	00:03:28.47	00:49:04.74	00:02:01.35	00:29:02.09
2	REGINA CARDOSO MORADI	319	LILA TAVARES	ES 02:00:34.43	00:24:19.58	00:04:37.64	00:52:01.58	00:03:47.38	00:35:48.25

M 65+

1	MARIO SÉRGIO PEDERSOLI GOMES	466	MINAS TENIS CLUBE	MG 01:39:40.36	00:14:49.45	00:03:10.63	00:43:23.13	00:02:45.75	00:35:31.40
2	EDUARDO LOUREIRO CALHAU	470	TOUCA PRETA	ES 01:43:57.46	00:22:51.96	00:04:35.74	00:47:06.94	00:02:26.45	00:26:56.37
3	RICARDO OSCAR PRIORE	469	RICARDO CARDOSO	RJ 01:49:49.38	00:18:42.87	00:05:41.20	00:44:03.85	00:04:11.55	00:37:09.91